Rectal sparing in modified posterior exenteration: description of the technique in 10 steps

Navid Mokarram Dorri, Guillaume Blache, Jonathan Garnier, Gilles Hovuvenaeghel, Houssein El Haji, Eric Lambaudie

BACKGROUND
To achieve complete cytoreduction in ovarian carcinoma, rectal resection may be necessary in the case of gastrointestinal tract involvement.1 Posterior resection surgeries were described by Eiseinkopt and Bristow who modified Hudson's pelvic peritoneotomy.2

The concept of digestive sparing has been developed for several years. We propose a modified surgical approach of posterior resection by combining three principles (Hudson-type dissection, pushed Douglasectomy, and first stapling of the rectum) to optimize rectal sparing.3 4

METHOD
Video 1 shows an 10-steps 'en bloc' pelvic peritoneotomy combined with digestive resection, illustrating the first stapling of the rectum. We associated other digestive resection during this procedure not present in Video 1 (peritoneotomy of the right diaphragmatic dome, mesentery and mesocolon). The surgery was performed by a senior surgeon and an assistant from the department.

RESULTS
The surgical procedure is divided into 10 steps:
Step 1: Supra-pelvic and intra-peritoneal approach
Step 2: Pelvic and retro-peritoneal approach
Step 3: Uterine vessel ligature
Step 4: Ureterolysis
Step 5: Pre-vesical peritonectomy
Step 6: Para-rectal space dissection
Step 7: ‘Hanging’ en bloc specimen
Step 8: Retrograde dissection of rectovaginal septum and Douglas pouch dissection
Step 9: First rectal stapling
Step 10: Proximal bowel division
CONCLUSIONS

In our experience, the first section of the rectum is always feasible if the three principles are combined (Hudson-type dissection, advanced Douglasectomy, and first stapling of the rectum). The advantages of rectal sparing are that it allows an anastomosis to be made on the upper rectum, avoids lowering the left colonic angle, makes it very easy to combine other digestive resections ‘en bloc’, and facilitates repeat rectal resections in the case of recurrence. Standardization of this procedure will help young surgeons to learn the methodology and better grasp the steps involved.

Twitter Guillaume Blache @Blache Guillaume and Houssein El Hajj @housseinElhajj3

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Contributors NMD: Conceptualization, video editing, surgery, video recording, voice recording, writing - original draft. GB: Conceptualization, video editing, surgery, video recording, supervision, writing - original draft. JG, GH, HEH: Conceptualization. EL: Conceptualization, supervision. EL critically revised the manuscript for intellectual content. All authors read and approved the final draft.

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