MAJOR DETERMINANTS OF SURVIVAL IN ISOLATED PARA-AORTIC LYMPH NODE RELAPSES: A MULTICENTER STUDY

Introduction/Background Despite advances in endometrial cancer treatments and knowledge, survival for recurring cancers remains poor. In this study, we evaluated the impact of clinical-histological-radiological variables of patients with endometrial cancer recurrence (ECR) on overall survival (OS), and specifically, we evaluated the impact of secondary-cytoreductive-surgery (SCS) with the achievement of complete gross resection (CGR) on different types of relapses.

Methodology Multicenter-retrospective analysis of patients with ECR.

Results Three-hundred-thirty-one patients were retrieved. At Cox-regression multivariate analysis, age ≥75 yr (HR: 2.056, p=0.003), advanced prognostic risk-group at initial diagnosis (HR: 3.240, p=0.007) and the presence of multiple site relapses (HR: 1.589, p=0.045) resulted to be statistically significant factors for reduced OS, while SCS and the disease-free survival (time from diagnosis to 1 relapse) were predictors of improved OS (respectively HR: 0.161, p<0.001, HR: 0.972, p<0.001) (Figure 1).

Conclusion SCS confirmed to be a statistically independent relevant factor for better OS along with DFS in ECR, while age≥75 years, the advanced prognostic risk group and the presence of multiple site relapses were significant factors for decreased OS. In addition, the achievement of CGR conferred a statistically significant survival advantage on patients with single-site recurrence compared to patients not operated or operated with RT>0, while a trend toward better survival could be identified in patients with multiple-site relapses when completely gross resected.

MIMICRY

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CONCLUSION

SCS confirmed to be a statistically independent relevant factor for better OS along with DFS in ECR, while age≥75 years, the advanced prognostic risk group and the presence of multiple site relapses were significant factors for decreased OS. In addition, the achievement of CGR conferred a statistically significant survival advantage on patients with single-site recurrence compared to patients not operated or operated with RT>0, while a trend toward better survival could be identified in patients with multiple-site relapses when completely gross resected.

ISOLATED PARA-AORTIC LYMPH NODE METASTASES IN HIGH RISK ENDOMETRIAL CANCER

INTRODUCTION/BACKGROUND

Direct metastases to the para-aortic lymph nodes in endometrial cancer are extremely rare. A direct route of lymphatic propagation from the uterus to the para-aortic nodes through the infundibulopelvic ligament has been suggested. The objective of this study was to determine the characteristics and 5 years overall survival of isolated para-aortic lymphatic metastases in high-risk endometrial cancer.

METHODLOGY

Retrospective study of patients with high-risk endometrial cancer was performed in a reference center in gynecological oncology. All patients underwent surgery including complete lymph node staging by pelvic and para-aortic lymphadenectomy. Patients were divided into three groups based on the patterns of lymphatic metastases: isolated para-aortic lymphatic metastases, isolated pelvic lymphatic metastases, and dual lymphatic metastases (pelvic and para-aortic metastases). Clinicopathological characteristics and 5-year survival were compared between the three groups.

RESULTS

147 women diagnosed with high-risk endometrial cancer underwent surgery, performing pelvic and para-aortic lymphadenectomy during surgery. The mean age of the patients was 61.62 years. The most common histological type was endometrioid adenocarcinoma (37.4%), followed by serous carcinoma (31.3%). Regarding the histological grade, 77.6% was G3. The most frequent FIGO stage was IA (38.8%). Regarding lymph node dissemination, the proportion of patients with isolated para-aortic lymphatic metastases was 4.76% (n=8), isolated pelvic metastases 17.69% (n=26) and dual metastases (pelvic and para-aortic) 7.48% (n=11). Patients with isolated pelvic lymphatic metastases and isolated para-aortic lymphatic metastases shared similar histologic features. The 5-year overall survival rate in the cohort of patients with isolated para-aortic nodes was 62.5% and 61.5% in the cohort of patients with isolated pelvic nodes. Overall survival in the cohort of patients with metastases duals was 36.4%.

CONCLUSION

Patients with high-risk endometrial cancers with isolated lymphatic and para-aortic metastases and isolated pelvic metastases share similar clinical pathological features and prognoses.