

life outcomes. The study is enrolling and will have sites in the USA, Europe, Japan, Latin America, Taiwan, Singapore, and South Korea.

Results Not applicable.

Conclusions Not applicable.

EPV256/#150

PREOPERATIVE FRAILTY ASSESSMENT IN PATIENTS UNDERGOING GYNECOLOGIC ONCOLOGY SURGERY: A SYSTEMATIC REVIEW

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Objectives The aim of the present article was to discuss currently available evidence on the impact of frailty assessment on adverse postoperative outcomes and survival in patients undergoing surgery for gynecological cancer.

Methods Systematic search of Medline (PubMed) and Embase databases until September 30, 2020. Key inclusion criteria were: (1) randomized or observational studies; (2) patients undergoing non-emergent surgery for gynecological malignancies; (3) preoperative frailty assessment.

Results Through the process of evidence acquisition, twelve studies including 85,672 patients were selected and six tools were evaluable: 30-item frailty index, 40-item frailty index, modified frailty index (mFI), John Hopkins Adjusted Clinical Groups index, Fried frailty criteria, Driver's tool. The prevalence of frailty varied roughly from 6.1% to 60% across different series included. The mFI was the most adopted and predictive instrument. Pooled results underlined that frail patients were more likely to develop 30-day postoperative complications (OR, 4.16; 95% CI, 1.49–11.65; $p=0.007$), non-home discharge (OR, 4.41; 95% CI, 4.09–4.76; $p<0.001$), ICU admission (OR:3.99; 95% CI, 3.76–4.24; $p<0.001$) than the non-frail counterpart. Additionally, frail patients experienced worse oncologic outcomes (disease-free and overall survivals) than non-frail patients.

Conclusions The present systematic review demonstrated that preoperative frailty assessment among gynecologic oncology patients is essential to predict adverse outcomes and tailor a personalized treatment. The mFI appeared as the most used and feasible tool in daily practice, suggesting that tailored therapeutic strategies should be considered for patients with 3 or more frailty-defining items.

EPV257/#152

SURGICAL SITE INFILTRATION VERSUS TRANSVERSUS ABDOMINIS PLANE BLOCK OF LIPOSOMAL BUPIVACAINE AFTER MIDLINE VERTICAL LAPAROTOMY FOR GYNECOLOGIC MALIGNANCY: A PROSPECTIVE RANDOMIZED CONTROLLED TRIAL

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Objectives Surgical site infiltration (SSI) and transversus abdominis plane (TAP) block are postoperative analgesic techniques. Liposomal bupivacaine may prolong analgesic effects. We hypothesize that surgical site infiltration of liposomal bupivacaine will reduce opioid consumption in the 48-hour postoperative period compared to TAP block.

Methods A single blind randomized controlled trial comparing surgical site infiltration of liposomal bupivacaine versus TAP block with liposomal bupivacaine after midline vertical laparotomy in patients with suspected or known gynecologic malignancy. Negative binomial regression was used to estimate the differences in total morphine milligram equivalent (MME) use between groups. Multivariable linear regression of pain scores on visual analog scale 0–10 was used at each time interval (2, 6, 12, 24, and 48 hours postoperatively) while controlling for medication use and age.

Results Of 43 patients, 22 received SSI and 21 received TAP block. Mean age was 57.8 (SD = 11.50). There were no significant differences in demographics, incision length, surgery duration or pathology between groups. After controlling for age and BMI, there was not a statistically significant difference in total MME between the treatment groups ($\beta = -0.17$, 95% CI = -0.77, 0.43, $p = 0.59$). There were no statistically significant differences in pain scores (both resting and exertion) at all time points after controlling for age and pain medication utilization.

Conclusions Surgical site infiltration of liposomal bupivacaine did not reduce opioid use and did not decrease pain scores within 48 hours after surgery compared to TAP block after midline vertical laparotomy for gynecologic cancer.

EPV258/#285

IMPROVING THE RATES OF SAME DAY DISCHARGE IN ROBOTIC SURGERY PATIENTS – A GYNECOLOGIC ONCOLOGY QUALITY IMPROVEMENT PROJECT

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Objectives In appropriately selected gynecologic oncology (GO) patients, robotic or laparoscopic surgery is a preferred approach (faster recovery, fewer complications, shorter hospital stay). Furthermore, same day discharge (SDD) is safe and effective in these patients. Evidence suggests no increased rates of readmission, or complications for SDD compared with overnight observation. We pursued a Quality Improvement (QI) project aimed at increasing our rate of SDD by 50% by June 2021 in GO robotic surgery patients.

Methods This QI initiative is based upon the Institute for Healthcare Improvement's Model for Improvement. The study is an interrupted time series study. Baseline data assessment determined the rate of SDD and potential root causes for failed SDD. For each intervention (addressing a root cause), Plan-Do-Study-Act cycles were conducted. Outcome, process, and balancing measures were collected prospectively.

Results Four simple interventions were selected for implementation: 1) setting SDD as the default discharge plan, 2) providing a physician discharge order on the patient chart, 3) removing the foley catheter in the OR, 4) developing comprehensive standardized perioperative patient education materials. The rate of SDD was improved from 28.8% (baseline) to