Assessment of anastomotic perfusion using indocyanine green fluorescence angiography following bowel resection for gynecologic malignancies: an instructional surgical video

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Bowel resection is a procedure that is often conducted in the surgical management of patients with gynecologic malignancies. Real-time intraoperative assessment of anastomotic perfusion with indocyanine green fluorescence angiography (ICG-FA) is a recent technique that has been described in the general surgery and gynecologic oncology literature. Fluorescence angiography has been shown to be an effective intraoperative tool to assess perfusion of large and small bowel anastomoses. The objective of this video is to describe a step-by-step surgical approach to conducting ICG-FA perfusion assessment for side-to-side and end-to-end circular anastomoses.

The video was built using surgical recordings of consented gynecologic oncology patients at a tertiary cancer center in Toronto, Canada between November 1, 2017 and September 1, 2020.

The five steps of this surgical technique are: (1) perform bowel anastomosis, (2) inspect and assess the anastomosis for mechanical integrity, (3) prepare near-infrared instrumentation and operative room setting, (4) administer 3 mL intravenous ICG (2.5 mg/mL) followed by 10 mL normal saline, and (5)
observe and interpret anastomotic perfusion using near-infrared technology. For side-to-side anastomoses, perfusion assessment using ICG-FA was performed using a portable, hand-held, near-infrared imaging system transabdominally. For end-to-end circular anastomoses, an endoscopic near-infrared imaging system was used transanally through the transparent disposable shaft of a rigid sigmoidoscope, allowing assessment of perfusion of the colonic and rectal mucosa. An air leak test was also performed using the rigid sigmoidoscope. In both techniques, normal perfusion assessment with ICG-FA was defined as rapid ICG uptake of less than 1 min without segmental defects. Slower uptake over a minute, as assessed subjectively by the surgeon, or segmental perfusion defect were considered abnormal. Examples of normal and abnormal perfusion are shown in the video.

Objective assessment of anastomotic perfusion is of paramount importance in patients undergoing bowel resection and may decrease perioperative morbidity. Near-infrared perfusion assessment using ICG-FA is a promising tool that can be used with other risk-assessment strategies to guide operative decision-making in gynecologic oncology. This surgical video describes a clear stepwise approach to the integration of this technique into surgical practice which allows for standardized, reproducible, and objective assessment of anastomotic perfusion.

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